



# Ashiya Newsletter

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No. 1

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Address: 7-6 Seido-cho, Ashiya-shi

Phone: (0797) 38-2008

Home page: <http://www.city.ashiya.hyogo.jp/>

E-mail address: [info@city.ashiya.hyogo.jp](mailto:info@city.ashiya.hyogo.jp)

## Thousands of Fireworks to Light Up "Ashiya Summer Carnival"

Summer means the Ashiya Summer Carnival!

This festival has become an integral and enriching part of the Ashiya city.

The festival features three thousands fireworks, known as Ashiya no hanabi (Ashiya Fireworks), and their large colorful blooms light up the night sky each summer.

"Genki! Ashiya! (Go, Ashiya!) is the theme of the festival, which seeks to affirm the importance of close and comfortable communities, and valuable human interaction.

The fireworks symbolize the spirit of

the people and will flower, like their hopes and dreams, in the sky.

Also, don't forget to check out the almost a hundred stands along the Minamiashiya-hama beach, as well as MBS Radio's live recording and various stand-up comedy shows.

### Name of the event:

The 27th Ashiya Summer Carnival MBS Summer Festival, Fireworks & Dragon Boat

**Date:** July 23 (Sat.) and 24 (Sun.)

**Time:** 23rd (Sat.): Street fairs and stage shows from 13:00 to 21:00, Fireworks

from 20:00 to 20:45, 24th (Sun.): Dragon Boat Race from 8:00

**Place:** Dragon Boat Race, Canal Park : Fireworks, Shio Ashiya Beach

**Inquiries:** Ashiya Citizens' Festival Association, Brown Building 2 Floor G, 1-1, Chayano-cho, Ashiya

**Tel:** 22-6946 (Mondays, Wednesdays and Fridays from 10:00 to 16:00 only)

**Access:** (to the Beach) 500-meter walk south of "Shiokaze Ohashi Minami" Hankyu bus stop from Hankyu Ashiyagawa Station, JR Hanshin Ashiya Station.

\* Festival will be cancelled in the case of storm.

## Be Prepared And Have No Regrets!

### For Your Safety

Being prepared on a day-to-day basis is the best way to protect yourself from harm in the case of natural disasters such as landslides and floods. To respond quickly and efficiently in an emergency situation, make sure you are familiar with disaster-prevention measures and ready yourself accordingly.

### Warning and Giving Directions

- Residents will be warned by municipal loudspeaker vans, the Hyogo Disaster Prevention Web site and by members of the Voluntary Disaster

Prevention Organization.

- The city will request media sources such as television and radio to make an announcement.
- The city will ask cooperation from community members to make sure they inform their neighbors and elderly people who live alone, who can't understand Japanese, or who might otherwise have limited access to information.

### Rely Only on Accurate Sources of Information

Damage will be minimized if people are informed accurately. Pay attention

to public announcements and weather reports on the television or radio.

**Inquiries:** About disaster prevention; Disaster Prevention Section (Tel: 38-2093), about landslides; Sewerage Section (Tel: 38-2067).

### To Insure Safety When Using Fireworks and Fire Crackers (Hanabi)

Just remember TPC: T for Time, P for Place, and C for Cleaning up. That's to say, don't use fireworks at a time and place that will disturb your neighbors, and always remember to clean up afterwards.

- ★ Read the instructions before you use hanabi.
- ★ Do not use with hanabi when it is windy.
- ★ Do not point hanabi at people, residential buildings, and do not use hanabi in areas where there is flammable material.
- ★ Bring water.
- ★ Take home your rubbish (used hanabi, matches, bags and more).

**Inquiry:** Fire Prevention Section, Ashiya Fire Department (Tel: 38-2098)

## Warm-up Events for National Sports Festival 2006

### Canoe and Rifle Shooting

**2005 Japan Flat-Water Canoe Racing Junior Tournament (THE 61st NATIONAL SPORTS FESTIVAL Canoeing Rehearsal Tournament); Minister of Education, Culture, Science and Technology Cup**

Competition thorough selected distances, 200m and 500m, and 9 race-tracks on the flat-water surface.

**Place:** Ashiya Canal Park Specially Installed Canoeing Racetrack (at Yoko)

**Date:** From August 20 (Sat.), 2005 to August 23 (Tue.), 2005 (4 days)

**Players:** About 500 high school and junior high school students

**2005 All Japan Center Pistol Shooting Tournament (THE 61st NATIONAL SPORTS FESTIVAL Rifle Shooting Rehearsal Tournament);**

Competition of total score for shooting of 25 meters far target using real bullets with revolver or automatic, in standing position. At rehearsal, they will use 60 bullets with precision fire (slow shooting) and rapid fire (fast shooting).

**Place:** Hyogo Police Academy Rifle Range (at Asahigaoka)

**Date:** From Sep. 23 (Fri.) & 24 (Sat.)

**Inquiries:** National Sports Festival Preparatory Office (Tel: 38-2056)

### Garbage Collection Schedule by Area

Type of Garbage	Time	Days	Area
Burnable	By 8:30 a.m.	Monday & Thursday	Okuike, Okuike-minami, Okuyama, Sanjo, Yama-ashiya, Nishiyama, Yamate, Higashi-ashiya, Higashiyama, Sanjo-minami, Nishi-ashiya, Tsukiwaka, Matsunouchi, Funado, Ohara, Shimizu, Maeda, Tsuji, Kawanishi, Kimmitsu, Omasu, Chayano, Miyazuka, Hirata-kita, Seido, Miyagawa, Hirata, Hama-ashiya, Matsuhama, Takezono, Ise, Kurekawa
		Tuesday & Friday	Rokurokuso, Asahigaoka, Iwazono, Shinnozuka, Midorigaoka, Kusunoki, Narihira, Kami-miyagawa, Uchide-kozuchi, Kasuga, Wakamiya, Uchide, Nishikura, Hama, Nangu, Daito
Nonburnable	By 12:30 p.m.	Mondays	Yama-ashiya, Nishiyama, Midorigaoka, Miyagawa, Seido, Kasuga, Uchide-kozuchi, Uchide, Wakamiya
		Tuesdays	Sanjo, Okuyama, Yamate, Tsukiwaka, Nishi-ashiya, Sanjo-minami, Maeda, Shimizu, Kawanishi, Tsuji, Hirata, Hirata-kita
		Wednesdays	Okuike, Okuike-minami, Higashiyama, Higashi-ashiya, Funado, Matsunouchi, Nangu, Daito, Hama, Nishikura, Yoko, Kaiyo
		Thursdays	Asahigaoka, Kusunoki, Miyazuka, Chayano, Omasu, Kimmitsu, Kami-miyagawa, Narihira, Shiomi, Midori, Minamihama
		Fridays	Rokurokuso, Iwazono, Shinnozuka, Ohara, Takezono, Hama-ashiya, Kurekawa, Ise, Matsuhama, Niihama, Hamakaze
Paper recyclables and others	By 8:30 am	Wednesdays	Throughout the city

Inquiry: Collection Subsection, Refuse Disposal Center (Tel: 22-2155 Fax: 32-6247)

### Collection Schedule of Nonburnables and Paper Recyclables Garbage

	Nonburnables	Paper Recyclables and Others
1st week	Bottles	Card-boards
2nd week	Other nonburnable garbage	Magazines, flyers and other papers
3rd week	Cans	PETbottles
4th week	Other nonburnable garbage	Newspapers and paper cartons
5th week	Bottles	Card-boards

### High-rise Apartment Garbage Collection Exception

Takahama	Cans	Every week	Monday
	PETbottles	1st, 3rd, 4th and 5th week	Thursday
	Other nonburnable garbage	2nd and 4th week	Monday
Wakaba	Cans	Every week	Tuesday
	PETbottles	1st, 3rd, 4th and 5th week	Thursday
	Other nonburnable garbage	2nd and 4th week	Tuesday

Other burnable garbage in pipeline area (burnable garbage which does not fit the vacuum pipeline system) is collected on Thursday of the 2nd week.

★ Reservations are required for bulky and temporary large amounts of garbage. For reservations, fax to Refuse Disposal Center at 32-6247.

### Hyogo Prefecture Health and Welfare Office Program Schedule

(Tel. 32-0707) (in Ashiya City)

Program Name	Day/ Hours	Jul.	Aug.	Sep.	
Infant Development Consultations	2nd Thur., 13:30 – 14:30	14	–	8	
Psychological Consultations for Parents and Children	2nd Tue., 13:30 – 14:30	12	9	13	
Psychological Consultations	2nd Wed., 13:30 – 14:30	13	10	14	
Tuberculosis Checkups	3rd Tue. (except for August), 14:00 – 16:00	19	23	20	
Clinic (General Health Consultations & Workplace Checkups)	Clinic Test Date	1st & 3rd Fri., 13:00 – 14:00 (HIV/HCV/HBs test, 14:00 – 14:30)	1	5	2
			15	–	–
HIV Antibody Checkups HCV Antibody Checkups HBs Antigen Checkups	Post-Test Instruction Date	2nd & 4th Fri., 14:00 – 14:30 (HIV/HCV/HBs test result: two weeks after the test)	8	12	9
			22	–	–
Families of Alcoholics Program	2nd Fri., 10:00 – 12:00	8	12	9	
“Good Luck” Consultations on Rehabilitation of mentally Challenged Patients	1st & 3rd Wed., 10:00 – 12:00	6	3	7	
		20	–	21	
Mental Health Volunteers’ Gathering at El Home Ashiya	4th Fri., 10:00 – 12:00	22	26	–	
Families of Elderly Persons with Senile Dementia “Ajisai Hydrangea Club”. Held at Ohara Day Service Center on Dates with ( ).	3rd Mon., 13:30 – 15:30	(11)	–	(12)	
Specialized Nutritional Consultations	1st & 2nd Tue., 10:00 – 12:00	5	2	6	
		12	9	13	

## Ashiya Health Center

Tel: 31-1586 Fax: 31-1018

Program	Hours	Place	Age, Fee and Others	Jul.	Aug.	Sep.	
BCG vaccinations	13:30 – 14:30	Ashiya Health Center	From 3 to 5 months old Items to bring: Maternity passbook (Boshi Kenko Techo), application form and thermometer	BCG	25	29	26
Expectant parents' classes (reservations required)	13:30 –	Ashiya Health Center	Fee: 1,000 yen for expectant mothers 5 months pregnant or less	First period	–	6,20,27	–
			Fee: Free for expectant mothers 6 months pregnant or more	Second period	13,27		14,28
			Bathing classes (with fathers)		26	–	17
Health consultations for pregnant women	13:30 – 15:30	Ashiya Health Center	Consultation with maternity nurse		25	22	26
Home visits to newborn babies	Anytime	Ashiya Health Center	For applicant only	Anytime			
Child-rearing consultations	9:30 – 10:30	Ashiya Health Center	Physical measurement, child-rearing consultation (Free of charge) Item to bring: Maternity passbook (Boshi Kenko Techo)		21	18	15
Child-rearing classes	9:45 – 11:30	Ashiya Health Center	From 6 to 7 months old (Free of charge) Item to bring: Maternity passbook (Boshi Kenko Techo)		25	22	26
Health checkups for 4-month-olds	13:15 – 14:00	Hyogo Prefecture Health and Welfare Office	Notice will be sent (Free of charge)		5,26	2,23	6,27
Health checkups for 10-month-olds	Anytime	Designated medical facilities	Notice will be sent (Free of charge)	Anytime at designated medical facilities			
Health checkups for 18-month-olds	13:15 – 14:00	Ashiya Health Center	Notice will be sent (Free of charge)		14,28	11,25	8,22
Health checkups for 3-year-olds	13:15 – 14:00	Hyogo Prefecture Health and Welfare Office	Notice will be sent (Free of charge)		7,21	4,18	1,15
Allergy checkups	13:00 – 14:00	Ashiya Health Center	Consultation with pediatric doctor (Free of charge)		15	–	16
Allergy consultations (appointment required)	9:30 – 10:30	Ashiya Health Center	Consultation about atopic dermatitis (eczema) and more		4	1	5
Periodontal disease prevention class	13:00 – 14:30	Dentist Association Hall	Free of charge		20	17	21
Home visits to people to prevent their becoming bedridden	Anytime	Apply to Ashiya Health Center	Patients over 40 years old (Free of charge)	Anytime			
Home visits for dental care to those who are bedridden		Apply to Ashiya Health Center	Patients over 60 years old (bedridden or in a similar situation) (Free of charge)				
Citizens' health checkups (lung cancer tests for those aged 40 or above)	9:30 – 10:30	Ashiya Health Center	Over 16 years old: Chest X-ray, blood-pressure check and urine analysis (Free of charge) Over 40 years old: In addition to Chest X-ray, blood-pressure check and urine analysis, an ECG and blood test at 800 yen. For blood drawing, applicants must not eat and drink before the test. Expectant mother: Urine analysis, blood-pressure check and blood test (appointment required)		1,12	5	2,13
		Ashiya Health Center	Anemia tests for 16 years old and older for 130 yen. Hepatitis tests for 40, 45, 50, 55, 60, 65 and 70 year olds at 1000 yen. Prostate cancer tests for 50 year olds and over at 1,000 yen.				
Health checkups (appointment required)	9:15 –	Ashiya Health Center	For people over 35 years old, at 9,000 yen for 11 tests for prevention of Lifestyle-related Diseases.		4,5,8	1,2,9	5,6,9
Osteoporosis checkups (appointment required)	9:30 – 10:00	Ashiya Health Center	1,000 yen if over 20 years old (checked by ultrasound)		22	26	30
Nutritional consultations (appointment required)	9:30 – 11:00	Ashiya Health Center	Consultation with nutritionist for adults (Free of charge)		19	23	20
Health consultations (appointment required)	13:00 – 15:00	Ashiya Health Center	Consultation with doctor for adults (Free of charge)		12,26	9,23	6,27
Stomach cancer tests (appointment required)	9:15 – 10:30	Ashiya Health Center	Over 35 years old at 3,500 yen	Mondays and Thursdays			
Cancer of the large intestine tests	Apply in the morning	Ashiya Health Center	Over 40 years old at 800 yen	Tuesdays mornings			
Get-together for seniors (functional training)	9:30 – 11:30	Shiomi Elementary School	Aimed at "house plants", i.e., people who don't want to leave the house – for those over 65 years old		19	–	20
Health classes, (reservations required)	13:30 –	Ashiya Health Center	Preventing high blood pressure			24,25,26	

## Clinic Open During Holidays

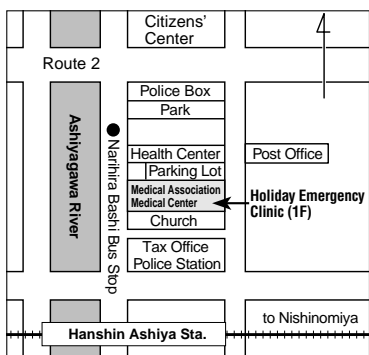
Name: Ashiya Municipal Holiday Emergency Clinic

Address: 5-13 Kimmitsu-cho, Ashiya-shi

Tel: 21-2782

**Medical departments:** Internal medicine, pediatrics  
**Days:** Sundays and national holidays  
**Hours:** 9:00 to 17:00

\*Evening services are available on a rotating basis, please call the Fire Department (Tel:32-2345) for the clinic on duty.



## Dentists (Hours are from 9:00 to 12:00)

Date	Day	Clinic Name	Address	Phone Number
July 3	Sunday	Uezumi Dental Clinic	11-24 Miyazuka-cho	34-1560
July 10	Sunday	Oka Dental Clinic	11-24-206 Ohara-cho	22-0139
July 17	Sunday	Ono D.C., Hamakaze Dental Clinic	3-5 Hamakaze-cho	23-6474
July 18	Monday	Kishida Dental Clinic	2-12 Yamate-cho	22-1723
July 24	Sunday	Kinoshita Dental Clinic	2-12 Asahigaoka-cho	31-1115
July 31	Sunday	Kodera Dental Clinic	7-3 Shiomi-cho	32-3836
August 7	Sunday	Gon Dental Clinic	6-22-103 Nangu-cho	38-5577
August 14	Sunday	Hasegawa Dental Clinic	7-11 Miyazuka-cho	34-0212
August 21	Sunday	Sugii Dental Clinic	3F, 1-7 Iwazono-cho	21-2525
August 28	Sunday	Takada Dental Clinic	10-5 Hama-cho	31-2229
September 4	Sunday	Tatara Dental Clinic	1-5-101 Higashiashiya-cho	32-1913
September 11	Sunday	Toshima Dental Clinic	PCL Bldg.2F, 7-13 Kusunoki-cho	35-2188
September 18	Sunday	Niki Dental Clinic	10-9-1 Daito-cho	32-6544
September 19	Monday	Nishiki Dental Clinic	2-11-101 Hama-cho	23-6430
September 23	Friday	Nishida Dental Clinic	2-21 Narihira-cho	34-6731
September 25	Sunday	Noji Dental Clinic	6-13 Nishi-Ashiya-cho	32-3386

# EVENTS

## Community School Summer Festival Information

**Inquiries:** Lifelong Learning Section  
(Tel: 38-2091)

**Name:** Seido CS  
**Place:** Seido Elementary School  
**Date:** July 16 (Sat.)  
**Time:** 16:30 to 20:00

It will feature a variety of stalls, folk dancing, Bon dancing, a raffle and a disaster-prevention exhibit, as well as traditional Japanese music (danjiribayashi).  
\*The event will be held even if it rains.

**Name:** Miyagawa CS  
**Place:** Miyagawa Elementary School  
**Date:** July 17 (Sun.)  
**Time:** 17:00 to 19:30  
It will feature Bon dancing, a variety of stalls and a flea market.  
\*The event will be held even if it rains.

**Name:** Iwazono CS  
**Place:** Iwazono Elementary School  
In the case of rain, the festival will be held in the gym.  
**Date:** July 24 (Sun.)  
**Time:** 17:00 to 20:00  
(15:30 to 18:00 if it's rain.)

It will feature Bon dancing, a children mikoshi (portable shrine), a variety of stalls, a raffle and disaster prevention exhibit section and more.

**Name:** Shiomi & Hamakaze CS  
**Place:** Chuo Park  
**Date:** July 30 (Sat.)  
**Time:** 15:00 to 21:00  
It will feature a variety of stalls, Bon dancing, stage shows, and a raffle. This festival is hosted by the Ashiyahama Communities Association, and will be called the Ashiyahama Summer Festival.  
\*The event will be held even if it rains.

**Name:** Yamate CS  
**Place:** Yamate Elementary School  
**Date:** July 30 (Sat.)  
**Time:** 16:00 to 20:00  
It will feature a variety of stalls, stage shows, and a flea market.  
\*The event will be held even if it rains.

**Name:** Sanjo CS  
**Place:** Sanjo park  
**Date:** August 27 (Sat.)  
**Time:** 17:00 to 20:30  
It will feature a variety of stalls, Bon dancing, games, attractions, a taiko show, and a wind band.  
\*The event will be held even if it rains.

**Name:** Uchidehama CS  
**Place:** Uchidehama Elementary School  
**Date:** August 28 (Sat.)  
**Time:** 17:00 to 20:30  
It will feature a variety of stalls, stage shows and more.  
\*The event will be held even if it showers.

**Name:** Asahigaoka CS  
**Place:** Asahigaoka Elementary School  
**Date:** August 28 (Sun.)  
**Time:** 15:30 to 20:00  
It will feature Bon dancing, a variety of stalls, bingo game, stage shows and a disaster-prevention exhibition.  
\*The event will be held even if it rains.

## Afternoon Gathering for Elderly People

Everyone welcome.  
**Date:** July 2 (Sat.)  
**Time:** 13:30 to 16:00  
**Place:** Luna Hall  
It will feature choruses, folk songs, dances, baton twirling performance, a professional string quartet, and more.  
**Fee:** free  
**Inquiry:** Elderly Welfare Section  
(Tel. 38-2044)



## Events by Ashiya Cosmopolitan Association (July~August)

### Let's Cook and Eat World Food!

**40th Lesson:** Philippine Cuisine  
**Instructor:** Ms. Win Canlas  
**Date and Time:** July 9 (Sat.) from 10:00 to 14:00  
**Place:** Ashiya Citizen's Center Cooking Classroom  
**Menu:** Sour soup, Philippine meatloaf, coconut milk pudding  
**Fee:** ¥1,500 for members, ¥2,000 for non-members (those who cancel on the day or the day before the event will still have to pay ¥1,500 for ingredients).  
**Capacity:** 24 (Reservation recommended)  
**Items to bring:** Apron and kitchen towel. You can bring a camera to take pictures.  
Male participants are welcome!

### Exchange Students To Arrive From Montebello This Summer!

We welcome exchange students Mr. James Santana and Ms. Ashley Jimenez from our sister city Montebello, California, this summer. This will be the 41st time we have held this exchange program, and the two students will stay in

Ashiya for 4 weeks, from July 20th to August 16th, spending each week with a different host family. During their stay, they will meet the mayor, visit Summer Carnival and participate in a Dragon Boat Race to deepen their friendship with people in Ashiya. They will also have the chance to go on a day trip to Hiroshima.

**City Tour**  
Why don't you help show James and Ashley around Ashiya with us?  
**Date & Time:** July 22 (Fri.) from 13:00  
**Place:** Start from ACA  
**Fee:** Free (public bus ride included)

### Please Donate Soprano Recorders!

We are collecting recorders for our "Philippines School Project (PSP)." The project aims to teach local elementary-school children how to play recorders and have friendship with them. If you have any unused soprano recorders, please donate them to ACA by July.

**Volunteer Wanted!**  
We welcome volunteers to help with the following:

- \* Preparing our newsletter for delivery (four times a year)
- \* dividing and preparing the newsletter for delivery at our out office.
- \* delivering the newsletter to houses in Ashiya.

### 2005 ACA Members Wanted!

The minimum membership fee per fiscal year is:  
¥2,000 for an individual members  
¥15,000 for a corporation members  
For application and inquiry, contact Ashiya Cosmopolitan Association(ACA) La Mall Ashiya 2F, 2-6-209 Ohara-cho, Ashiya-shi, Hyogo-ken 659-0092  
Tel: 34-6340 Fax: 34-6341

### Ashiya Cosmopolitan Association (ACA)

**Address:** La Mall Ashiya 2F, 2-6-209 Ohara-cho, Ashiya-shi, Hyogo-ken 659-0092  
**Open:** Monday to Friday 10:00 - 18:00  
**Tel:** 0797-34-6340  
**Fax:** 0797-34-6341  
**E-mail:** aca@kcc.zaq.ne.jp/aca/  
**URL:** http://www.kcc.zaq.ne.jp/aca/