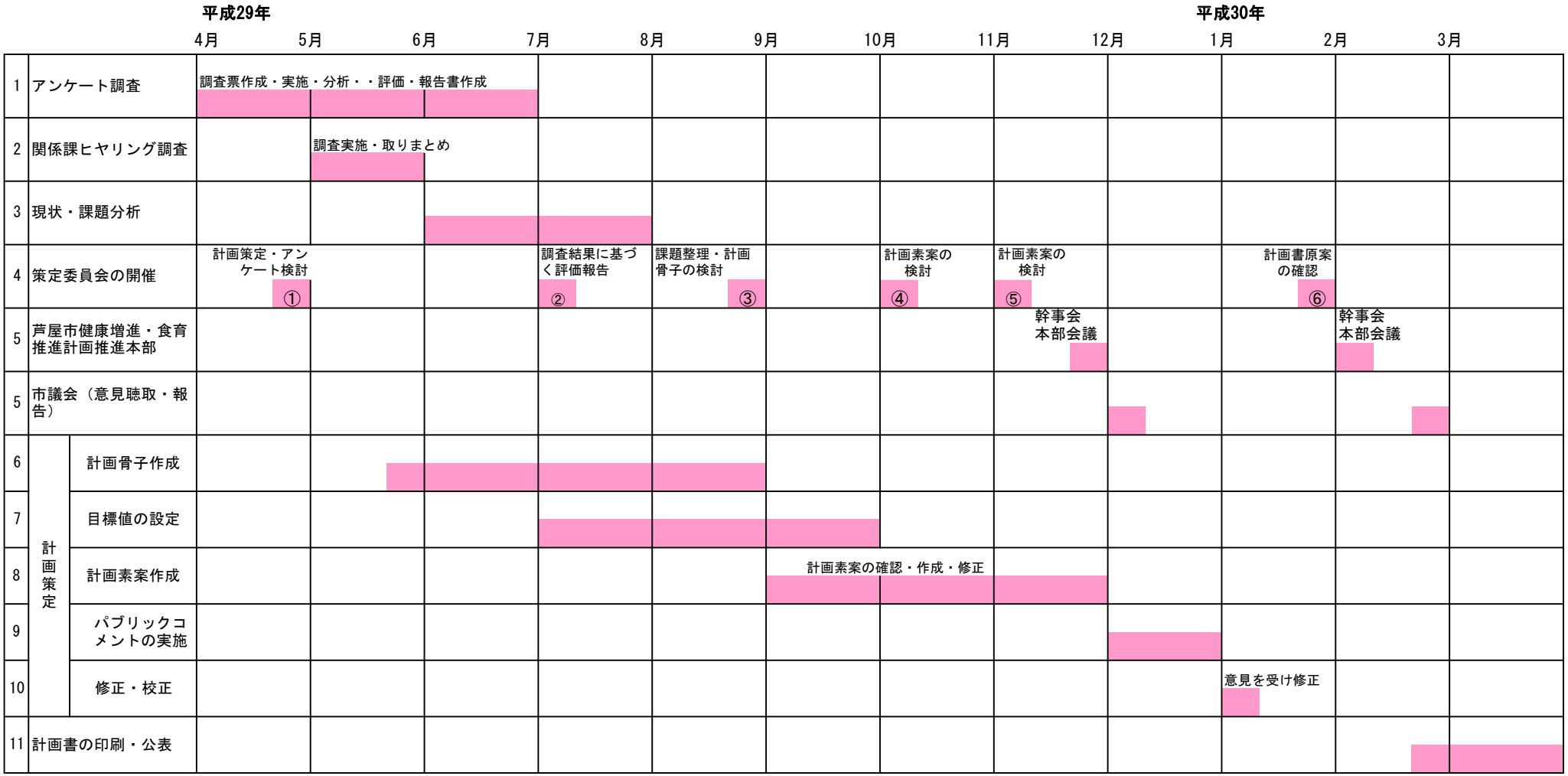「第３次芦屋市健康増進･食育推進計画」策定スケジュール